

[WEEKLY MENU]



Week 1

Weeks Commencing:

Monday 4th Sept - Monday 25th Sept - Monday 16th Oct - Monday 6th Nov - Monday 27th Nov - Monday 18th Dec



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken & Tomato Casserole	Spaghetti Bolognese Gluten Free	Roast Turkey, Stuffing & Roast Gravy	Chicken Sausages in a Rich Tomato, Onion Sauce	Pan Fried Fish Fillet & Tomato Ketchup
Vegetarian Dish of the Day	Jacket Potato & Beans	Leek & Pepper Frittata	Quorn & Roasted Vegetable Gluten Free Pasta Bake	Stir Fry Sweet & Sour Vegetables	BBQ Quorn Pieces
Vegetable Choice	Steamed Rice, Sweetcorn & Garden Peas	Steamed New Potatoes, Sliced Buttered Carrots & Broccoli	Roast Potatoes, Medley of Vegetables	Creamy Mash Potatoes, Green Beans & Carrots	Chipped Potatoes, Baked Beans, Seasonal Vegetables
Dessert of the Day	Fresh Fruit Salad Yoghurt Pot	Yoghurt Pot Fresh Fruit Salad	Strawberry Mousse Fresh Fruit Salad	Fruity Yoghurt Fresh Fruit Salad	Fresh Fruit Salad Yoghurt Pot
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar, Gluten Free Bread, Fresh Fruit	Help Yourself Salad Bar, Gluten Free Bread, Fresh Fruit	Help Yourself Salad Bar, Gluten Free Bread, Fresh Fruit	Help Yourself Salad Bar, Gluten Free Bread, Fresh Fruit	Help Yourself Salad Bar, Gluten Free Bread, Fresh Fruit

