

# [WEEKLY MENU]



Week 3

Weeks Commencing: Mon 17th Sept – Mon 8th Oct – Mon 5th Nov – Mon 26<sup>th</sup> Nov – Mon 17<sup>th</sup> Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese	BBQ Chicken	Roast Beef, Yorkshire Pudding & Roast Gravy	Chicken Casserole and Dumplings	Baked Battered Fish with Tomato Ketchup
Vegetarian Dish of the Day	Cheese and Tomato Pasta	Hoi Sin and Vegetable Stir Fry Noodles	Lentil and Spinach Strudel with Tomato Sauce	Vegetable & Quorn Casserole & Dumplings	Vegetarian Hot Dog with Tomato Ketchup
Vegetable Choice	Spaghetti, Roast Carrots & Peas	Seasoned Wedges, Sweetcorn & Broccoli	Baby Roast Potatoes, Savoy Cabbage & Cauliflower	Creamy Mash Potato, Green Beans & Carrots	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Chocolate and Beetroot Brownie & Chocolate Sauce, Fresh Fruit Salad	Orange and Cranberry Sponge with Vanilla Sauce Fresh Fruit Salad	Apple & Fruits of the Forest Pie with Custard Sauce, Fresh Fruit Salad	Cherry Tray Bake & whipped Cream, Fresh Fruit Salad	Banana Mousse with Choc Chip Cookie
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit	Help Yourself Salad Bar, Home Baked Breads, Fresh Fruit

